

How to blow an egg

CRACKING  EGGS

One way of using an eggshell as a decoration without wasting the food inside is to blow the egg. This is how you do it.

You will need

An egg
A bowl
A pin

Method

1. Very carefully, pierce both ends with a pin. Push the pin into the egg at least 3cm. Make one hole slightly larger than the other.
2. Place your finger and thumb over the holes and shake the egg hard to loosen the yolk. Be careful not to grip the egg too tightly or the shell will crack.
3. Hold the egg over a bowl and blow through the smaller hole until all the contents have come out.
4. Rinse your empty eggshell under a tap and leave it to dry.
5. When dry, your egg is ready to decorate.



Decorating tips

You can use the white of your egg as glue to stick paper shapes, material, sequins, feathers or whatever you like onto your blown shell. Or you may like to dye your egg using fabric dye or a home made version such as beetroot juice.